

Complete the Assignment Checklist. Check off items that you have in inventory. Remember to protect personal information by using pseudonyms, or by providing only partial information. You will use this Assignment Checklist to evaluate your current level of disaster preparedness in this week's paper. Complete the checklist honestly and thoroughly.

My Family's Disaster Plan

Learn about the natural disasters that could occur in your community and how you can respond to them.

Possible hazards in my area:

1. Earthquakes _____
2. Fires _____
3. Coastal floods _____
4. hurricanes _____
5. tornados _____
6. extreme weather rock _____

Emergency Phone Numbers

(Program these into all phones and post in a common area in the home.)

- Police department:
- Fire department:
- Local emergency services:
- Healthcare provider(s):
- Local American Red Cross:
- Poison Help: 1-800-222-1212
- Other local emergency personnel numbers: _____
- __power services _____
- __gas services _____

Employers and School Officials Contacts

I know the emergency response plans for employers and schools. _____

School:

Address: 4650 West Olympic Blvd,
Los Angeles, CA, 90019

Phone: (323) 900-2700

Contact name: Los Angeles High School

Child	Day Care/School	Phone #
Martin Jones	Los Angeles High School	+1 (323) 900-2700

Employer:

Address: 200 N Spring St, Los Angeles, CA 90012

Phone: 213-473-3231

Contact name: Los Angeles City Government

Employer:

Address: 4867 Sunset Blvd, Los Angeles, CA 90027, USA

Phone: +1 800-954-8000

Contact name: Kaiser Permanente

Family Communication Plan

Prepare a family communication plan so that each member of the family can contact one another quickly.

- Everyone has a cell phone or calling card _yes_____
- Young children know how to call (numbers are saved) _____

Name	Contact Name	Phone	Email
Martin Jones	Martin Junior	+1 956-562-9000	Mrtinj215@gmail.com

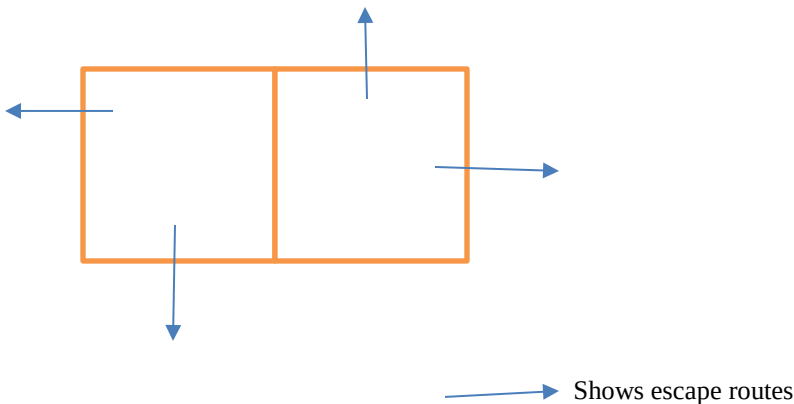
Identify two meeting places for your family in the event that you are separated.

Near your home: Santa Monica
Location: St. Monica Catholic Church
Address: 701 California Ave, Santa Monica, CA 90403, USA
Phone: +1 310-393-9287

Away from your home (in the event you cannot return home):

Location: Santa Monica
Address: 701 California Ave, Santa Monica, CA 90403, USA
Phone: +1 410-395-654

Draw a floor plan of your home; mark two escape routes from each room. _____



Pick a friend or relative who lives out of the area for household members to call/email to say they are okay.

Name: Mary Ann
Phone: +1 410-365-654
Email: annmary@gmail.com

Everyone in the house knows how and when to shut off utilities. __yes__

Utility Name	Number	Shut-Off Location/Main Controls
Electric	25	25
Water	35	35
Gas	45	45

Evacuation Plan and Transportation

Extra gallon of gas _2_____

Local government resource _electricity_____

Contact person/agency: The Los Angeles Department of Water and Power

Address: 111 North Hope Street

Phone: +1-800-342-5397

Certifications

Stay current and up to date (e.g., CPR, ACLS, PALS, TNCC).

- Certification #1:
- Date of Completion/renewal:
- Certification #2:
- Date of Completion/renewal:
- Certification #3:
- Date of Completion/renewal:

Property, Health, and Financial Well-being

Review property insurance policies for disaster policies. _____

Current _Federal Emergency Management Agency_____

Appropriate to needs _earthquake, flood and fire damages_____

Review life-insurance policies. _____

Current _ Prudential Life Insurance _____

Appropriate to needs _provides cash at death of the insured_____

Review financial documents. _____

Emergency savings \$ _25000_____

Easily accessible, small cash savings \$ _1500_____

Important Documents and Items Secured

Make sure you have copies of important documents and items that can be stored in a fireproof watertight container.

Important Items	Check off Photocopied Items That are Safely Stored
Personal identification for all family members	
Cash and coins	\$1300
Credit card(s)	3
Extra set of house keys and car keys	2
Birth certificate	3
Marriage certificate	1
Driver's license	3
Social Security card	3
Passport/visa	3
Wills	1
Deeds	1
Inventory of household goods (with photos & serial numbers)	2
Insurance papers	2
Immunization records — Allergies — Medications	3
Bank and credit card numbers	3
Stock/bonds	none
Emergency contact list (phone/address/email)	2
Local map and emergency shelter locations	1 copy
Pet information	a dog
Additional:	

Consider ways to help neighbors who may need special assistance (ESL/medical/living alone).

Name	Special Help Needed	Address	Phone
Nancy Emmanuel	Evacuation	701 California Ave, Santa Monica, CA 90403, USA	+1-985-654-321

Pet Arrangements

As per local and state health and safety regulations, pets are not permitted in some shelters such as American Red Cross shelters. Service animals are permitted.

Name of shelter vet: John Kilmner

Address: 701 California Ave, Santa Monica, CA 90403, USA

Phone: +1 310-312-965

Names of pet friendly hotels/motels or friends/family out of the area:

Name: Motel 6 Los Angeles LAX

Address: 5101 W Century Blvd, Inglewood, CA, USA

Phone: +1 310-419-1234

Name: Crenshaw Inn Motel

Address: 6303 Crenshaw Blvd, Los Angeles, CA 90043, USA

Phone: +1 323-971-3333

Name: Motel 6 Los Angeles

Address: 1738 Whitley Ave, Hollywood, CA 90028, USA

Phone: +1 323-464-6006

Special Needs Assistance

Special needs assistance organization in community.

Name: Educational Resource Center

Address: 1516 19th St. Santa Monica, CA

Phone: +1 310-315-0622

Register with local office of emergency services or fire department.

Name: Martin Jones

Address: 200 N Spring St, Los Angeles, CA 90012

Phone: +1 213-473-3231

Create a network of neighbors, friends, relatives, coworkers to aid you in an emergency _____

- Mobility escape chair in place _in place_____
- High-rise/apartment arrangements for emergency evacuation __available____
- Extra wheelchair batteries, oxygen, catheters, medications, food for service animals
_available_____
- Caregiver identification information __available____
- Medical bracelet, etc. ____available__

Disaster Supply Kit “Go Bag”

You and your family may need to survive on your own for 3 days or more. Consider having additional supplies for up to two weeks confinement or shelter. You should prepare emergency supplies for the following situations:

Go Bags

Home: Make sure all family members know where the go bags are and have access them.

Specific go bags:

Pet go bag __2__

Child go bag with special items for feeling safe and staying occupied __1__

Car: 3-day supplies included with emergency roadside equipment _2__

Work go bag _3__

Water Supplies

Stocking water supplies should be a top priority. Drinking water in emergency situations should not be rationed. It is critical to store adequate amounts of water for your household. Check off the supplies you have on hand and indicate the date the supply needs to be refreshed.

- Two quarts of water daily for drinking for each person in household. _____
- Extra two quarts of water daily for children, nursing mothers, and those who are ill and need more. _30__
- One gallon/week supply of water stored for sanitary and cooking needs for household. _____
__3 gallons__

Change water every 6 months.

- Update water supplies __2/24/2019____ (date)

Safety Tip: Water Storage and Collection in an Emergency

- Do not store in glass containers or other containers that can break.
- Do not rely on untested devices for decontaminating water.
- If you have a well or public water, follow treatment methods provided by your public health service or water provider.
- Store water in a cool, dark place.

Food: Preparing and Emergency Supply

Food, unlike water may be rationed except for children and pregnant women. No special food needed. Keep canned foods and dry mixes stocked. Replenish food supplies every 6 months. Use and replace. Store newer items in the back, older items in front.

Stock high energy protein foods in go bags:

Peanut butter __5 cans____

Trail mix __10 cans____

Granola bars _ 12 bars____

Peanuts __5 cans____

Hard candy __10____

Boxed juices _ 2 boxes____

Powdered milk ____6 kilograms____

Dry fruits__3 kilograms____

Keep infant foods and special diet foods in supply. _2____

First Aid Supplies

Assemble a first aid kit for your home **and** each vehicle. _____

Check off all of the basic items you have and list additional specialty items you have on hand:

First aid manual __2 copies____

Sterile adhesive bandages, assorted sizes __1 roll, all sizes____

Safety pins assorted sizes __all sizes____

Cleansing agents __citric acid, ammonia, and acetic acid____

Antibiotic ointment __Neosporin____

Latex gloves (2 pair) __latex gloves____

Petroleum jelly or other lubricant __Vaseline jelly____

2-inch and 4-inch sterile gauze pads (4 to 6 of each) __8 inches____

Triangular bandages (3) __3 rolls____

Sunscreen__available (3)____

Scissors_ 2 pieces____

2-inch and 3-inch sterile roller bandages (3 rolls each) ____6 inches____

Tweezers __1 piece____

Needle____one dozen__

Moistened towelettes __5 pieces____
 Antiseptic __Dettol (liquid) ____
 Thermometer __2 piece____
 Tongue depressor blades (2) __2 pieces____
 Prescription medication list (ask your pharmacist about storing
 prescription medications) __available____
 Extra pair or prescription eye glasses or contacts __available____
 Nonprescription drugs:
 Aspirin and non—aspirin pain relievers __available_(tylenol)____
 Antidiarrheal medication __available_(loperamide)____
 Antacid__tums, pepto-bismol____
 Laxative__miralax, senokot____
 Vitamins__Rx/OTC ____
 Syrup of ipecac __available ____

Tools and Emergency Supplies

Assemble these items in a disaster supply kit in case you need to leave quickly.

Check off all of the basic items you have and list additional specialty items you have on hand.

Tools

Portable, battery-powered radio, TV, alarm clock _____available_
 Flashlight and extra batteries _available_____
 Signal flare __available____
 Matches in a waterproof container __available____
 Shut-off wrench, pliers, shovel, hammer, screwdriver, and other tools ____available____
 Duct tape and scissors _available_____
 Plastic sheeting __available_____
 Whistle _available_____
 A-B-C fire extinguisher ____not available____
 Tube tent ____available____

Compass _available____
 Work gloves _available____
 Paper, pen, pencils __available____
 Needles and thread __available____

Sanitation and Hygiene

Washcloth and towel _available____
 Towelletes, soap, hand sanitizer, liquid detergent ____available____
 Toiletries available_____
 Heavy-duty plastic garbage bags ____available____
 Medium--sized plastic bucket with tight lid and small shovel for digging a latrine
 __available____
 Disinfectant and household chlorine bleach ____available____

Kitchen Items

Manual can opener _available____
 Mess kits or paper cups, plates, plastic utensils ____available____
 All-purpose knife __available____
 A dropper (eye dropper) with measurements ____available____
 Liquid bleach to treat water _available____

- Only use regular, unscented chlorine bleach products that are suitable for disinfection and sanitization as indicated on the label. The label may say that the active ingredient contains 6 or 8.25% of sodium hypochlorite. Do not use scented, color safe, or bleaches with added cleaners. If water is cloudy, let it settle and filter it through a clean cloth, paper towel, or coffee filter.

 Sugar, salt, pepper available_____
 Aluminum foil, plastic wrap _available____
 Resealing plastic bags __available____
 If food must be cooked, a small camping stove and can of cooking fuel __available____

Clothes and Bedding

One complete change of clothes and footwear for each member of household.

Shoes should be sturdy work shoes or boots. _____

Rain gear, hats and gloves, extra socks and underwear, thermal underwear, sunglasses.

Blankets or sleeping bag and pillows for each member. _____

Specialty Items as Needed For:

The baby _____a breast pump, diapers, a crib, swaddle blankets__

The elderly __blankets, walking sticks, calcium and potassium supplements_____

Pets _a cage, medicines_____

Other Items

Add a list of additional items to include here. Review other disaster preparedness websites for items not included here. Check off items that you have and list items you need to acquire.

Item	Included
Medication, sterile eyewash, contact lenses	Pain killers, anti-diarrhea among others
First aid kit salve for burns, and adhesive tape	A thermometer, sunscreen
Foods, canned veggies, meat and juice	Dry canned fruits